MCT 2020	Senior Men (not born after 1998) 21yrs + : 6mins 00secs													
	Junior Men (1999 – 2008) 11 – 16yrs : 6mins 00secs													
For a Welsh Ranking three times in the 12 month period are required														
Name of Athlete:	**Callum Jones**	**Paul O'Callaghan**	**Mike Goodman**	**Joshua Thomas**	**Harrison Pepper**	**James Miller**	**Damien Ellis**	**Alex John**	**Dylan Hughes**	**Rhys Smart**	**Gareth Price**	**Rhys Price**	**Luke Thomas**	**Thomas John**
Ranking Average (Fastest 3 times in last 12 months)	6:02.05	5:32.44	7:45.01	7:28.46	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
JM / SM	JM	SM	SM	JM	SM	SM	SM	JM	JM	JM	SM	JM	JM	SM
MCT	YES	YES	No	No	No	No	No	No	No	No	No	No	No	No
Fastest Time in last12 months	5.09	5:14.59	6:58.27	6:48.66	6.10	7.12	7:19.61	7:24.32	8:48.67	9:08.93	9:10.25	9:35.31	9:39.23	9:44.62
Ranking	1	2	3	4										
YOSC Super League 14 March 2020 Domestic (f)	5.09	6.49												
North West Super League May 2019 Domestic (f)		6:42.5												
South West Super League May 2019 Domestic (f)														
Hants League May 2019 Domestic (f)		6:29												
World Tour Suhl Ger June 2019 Minor (h)		5:14.59												
Junior Int Bisley August 2019 Domestic (f)				7.32	6.10	7.12			10.45					
Welsh Confined and Open Champs and Super League August 2019 Domestic (f)	6:48.35	5:50.77	6:58.27	6:48.66	7:19.61	7:19.61	7:19.61	8:26.40	8:48.67	9:08.93	9:10.25	9:35.31	9:39.23	9:44.62
British Champs Super League Final Sept 2019 Domestic (h)	5:29.20	6:09.60	7:28.94	8:04.73				7:24.32						
British Champs Super League Final Sept 2019 Domestic (f)	5:48.61	5:45.71	8:48.55											